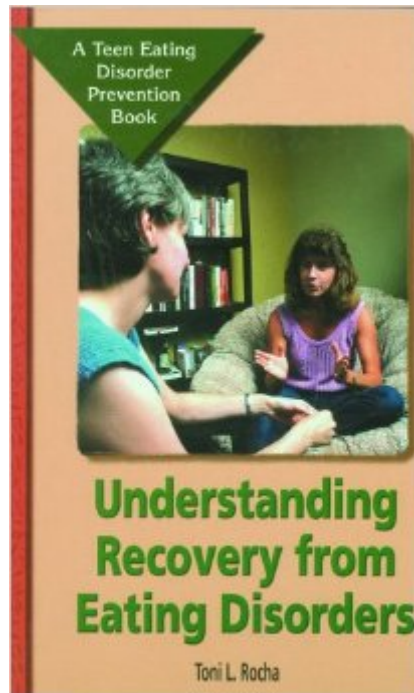


The book was found

# Understanding Recovery From Eating Disorders (Teen Eating Disorder Prevention Book)



## Synopsis

For today's teens, self-esteem is inextricably connected to body image. This series provides teens with crucial information about eating disorders, body image, and health. Its body-positive message will boost teens' self-esteem and help them learn to love their bodies. Recovery from an eating disorder is a slow, often painful process, requiring physical as well as psychological change. This book offers first-person testimony by survivors of various types of eating disorders, along with advice and support for teens who are heading down the long road to recovery.

## Book Information

Series: Teen Eating Disorder Prevention Book

Library Binding: 192 pages

Publisher: Rosen Publishing Group (January 1, 1999)

Language: English

ISBN-10: 0823928845

ISBN-13: 978-0823928842

Product Dimensions: 6.2 x 0.6 x 9.4 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,843,423 in Books (See Top 100 in Books) #29 in Books > Health, Fitness & Dieting > Children's Health > Eating Disorders #80 in Books > Teens > Personal Health > Diet & Nutrition #102 in Books > Teens > Personal Health > Depression & Mental Health

Age Range: 12 - 17 years

Grade Level: 7 - 12

[Download to continue reading...](#)

Understanding Recovery from Eating Disorders (Teen Eating Disorder Prevention Book) Teen to Teen: 365 Daily Devotions by Teen Guys for Teen Guys Teen to Teen: 365 Daily Devotions by Teen Girls for Teen Girls Eating Disorders (Mental Illnesses and Disorders: Awareness and Understanding) Eating Disorders: The Ultimate Teen Guide (It Happened to Me) The Hidden Disorder: A Clinician's Guide to Attention Deficit Hyperactivity Disorder in Adults Health Promotion and Disease Prevention in Clinical Practice (Health Promotion & Disease Prevention in Clinical Practice) Celebrate Recovery Revised Edition Participant's Guide Set: A Program for Implementing a Christ-centered Recovery Ministry in Your Church The Life Recovery Devotional: Thirty Meditations from Scripture for Each Step in Recovery Helping Your Child with Extreme Picky Eating:

A Step-by-Step Guide for Overcoming Selective Eating, Food Aversion, and Feeding Disorders  
What's Eating You?: A Workbook for Teens with Anorexia, Bulimia, and other Eating Disorders  
Bipolar Disorder (Compact Research: Diseases & Disorders) Give Your ADD Teen a Chance: A  
Guide for Parents of Teenagers With Attention Deficit Disorder Autism Spectrum Disorder: The  
Ultimate Teen Guide (It Happened to Me) Teen Guide to Staying Sober (Drug Abuse Prevention  
Library) Suicide Information for Teens: Health Tips About Suicide Causes and Prevention (Teen  
Health Series) Personality Disorders (Compact Research: Diseases & Disorders) Anxiety Disorders  
(Compact Research: Diseases & Disorders) Articulation and Phonological Disorders: Speech Sound  
Disorders in Children (8th Edition) Introduction to Communication Disorders: A Lifespan  
Evidence-Based Perspective (5th Edition) (Pearson Communication Sciences and Disorders)

[Dmca](#)